

Continued from inside brochure -

Feb. 3- "Giving Others Freedom"– "You can enjoy the people you work with and live with. Let them have their being. Practice the love. Practice God is Love. Practice tolerance and compassion."

How to Find God, pg.231-232, Harold Klemp

March 3- "Recognizing the Miracles in Our Life"

"One of the spiritual principles that I have learned is that there is always a way, no matter what. If we have a health, financial, or some other kind of situation—there is always a way out."

How to Find God, page 175, Sri Harold Klemp

April 7- "What is the True Nature of Soul?" - "...as you go along the path, you are going to become more aware of who and what you are and how you fit into the scheme of life." How to Find God, page 73 by Sri Harold Klemp

May 5- "Developing the Qualities of God" - "We become the spiritual traveler and with this comes wisdom, power, and freedom."

How to Find God, pg. 60
by Sri Harold Klemp

June 2- "Moving Forward Spiritually" - "We have to be willing to let go of old attitudes and stay very open to Spirit as IT tries to lead us into greater awareness."

How to Find God, page 69 by Sri Harold Klemp

July 7- "The Goldfields of Heaven" – "...you now understand principles that were dark secrets to you before, and it will become easier to put yourself in that place which has already been prepared."

How to Find God, page 70 by Sri Harold Klemp

August 4- "The Quest for Happiness" – This is the quest we pursue for ourselves. The quest for God is the quest for happiness. We look for happiness in one way or another, and some of them are detours."

How to Find God, page 254 by Sri Harold Klemp

September 1- "What is Spiritual Liberation" –

"Spiritual liberation actually comes at a point we call self-realization, which means that we have been freed from the cares of the world."

How to Find God, page 170
by Sri Harold Klemp

Special Note: ECK Light and Sound Services are also held at the Charles Chrin Community Center, 4100 Green Pond Road, Palmer PA every 4th Sunday of the month at 10AM. Please refer to www.eckankarofpa.org for more information or call 610-416-1824

"The purpose of Eckankar is to make God an everyday reality in your life"

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Visit ECKANKAR's Web site
at www.eckankar.org.

Presented by the Pennsylvania Satsang Society
Inc., a chartered affiliate of
ECKANKAR The Path of Spiritual Freedom
For local information on ECKANKAR,
call – (570)656-3790 OR (570)992-6841
www.eckankarofpa.org



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ECKANKAR Presents:



**ECK Light and Sound
Services 2018-19**

**DAY STREET COMMUNITY
CENTER
15 Day Street
East Stroudsburg, PA 18301**

**(1st Sunday of every month)
10AM to 11AM
(570) 656-3790**

www.eckankarofpa.org

Presented by the Pennsylvania Satsang Society, Inc., A
Chartered Affiliate of ECKANKAR

ECK Light and Sound Service

Eckankar teaches that a spiritual essence—the Light and Sound of God connects everyone with the Heart of God. This Light and Sound is the ECK, or the Holy Spirit.

The ECK Light and Sound Service lasts about one hour and is made up of three spiritual parts. It begins with a short uplifting reading from the works of Eckankar. Following the reading, everyone is invited to sing HU, an ancient name of God. The song of HU can open one's heart to the love of God. Anyone can benefit from this song of spiritual love regardless of age, background, or religion.

The HU song closes with a few moments of quiet contemplation followed by an open discussion of the morning's topic.

Sound of Soul Events.

“As an atom in the body of ECK, there is a sound that comes from you. That sound is HU. This sound not only comes from you, but it is you....”

“HU is a sacred sound and ancient mantra. It is an ancient name for God that has been sung for thousands of years in many lands for spiritual unfoldment.

HU can uplift people of any religion, culture, or walk of life.

You are invited to experience some of the many benefits of HU:

- Inner peace and calm
- Divine Love
- Expanded awareness
- Spiritual self-discovery and growth
- Healing of the heart

(see middle panel of this brochure for dates and time of Sound of Soul Events)



**Harold Klemp, The Spiritual
Leader of ECKANKAR**

Harold Klemp is the current spiritual leader of Eckankar. He became the Mahanta, the Living ECK Master, in 1981 after years of spiritual training. He speaks at Eckankar seminars around the world and is the author of over 100 books on Eckankar. He also writes monthly spiritual study discourses for members of Eckankar.

EVENTS to be held: ~ **Sound of Soul**

Coming Soon ~ Sound of Soul

HU is a gift of the heart to the world—from your heart to the people in your life and community. In these special ECK events, guests are welcomed as friends, settle in with a beautiful contemplation seed from the Master, and experience a 15 to 20 minute HU Chant followed by relaxed, authentic spiritual conversation. Refreshments help to create heart-to-heart connections. LOOK FOR THE SOUND OF SOUL EVENTS IN ECKANKAR PROGRAMS,

ECK Light and Sound Services From 10/18 to 09/19

Held the 1st Sunday of the Month

A Year of Giving

“The entire reason for Soul’s journey is to learn the spiritual need for giving. A life of meaning is a life of giving. God’s love freely comes to all of us, so we must learn both to accept that love and then to pass it on to others.”

A Cosmic Sea of Words

Oct. 7 — ***“Become the Loving Heart”*** - “Many people do not understand that life, with its burdens, is a treasure. The weight of disappointment makes us close our eyes to the gift of being in the world to learn about the loving heart.”

The Loving Heart, page 134, Sri Harold Klemp

Nov. 4 — ***“Hearing the Voice of God”*** – “The difference is when you sing HU and sit silently in contemplation, you are letting God speak to you, to show you why certain things are going on in your life. In other worlds, you gain a greater understanding of the ways of the Holy Spirit.”

The Secret Teachings, pg. 112, Sri Harold Klemp

Dec. 2 — ***“Gaining in Spiritual Unfoldment”*** – “As you gain in spiritual unfoldment, everyone in your circle of acquaintances is benefited and uplifted.”

How to Find God, page 164, Sri Harold Klemp

2019 Year

Jan. 6 — ***“The Heart of the Spiritual Teachings”*** - “We know it also as the Audible Life Stream that comes out of the high worlds of God and can be heard as Sound and seen as Light.”

How to Find God, page 15, Sri Harold Klemp

