



# The Blue Star

The Pennsylvania ECKANKAR Newsletter  
Complimentary Public Issue

ECKANKAR  
The Path of Spiritual Freedom

NOVEMBER / DECEMBER 2017

## Recognizing Spiritual Experiences



**Harold Klemp**  
The Spiritual Leader  
of Eckankar

My first year in Eckankar, I wanted to know if this Eckankar was real. I wanted experiences on the inner planes. I'd had a couple of experiences in the Sound and Light, but it's interesting how fast they fade and how quickly you forget. It's like a ball player who had a good last year, but this year if he's hitting .201 and his fielding errors get way up there, the coach puts him on the bench. It's the old story of "What have you done for me lately?" And in the same way, you forget spiritual experiences.

So one night I asked Paul Twitchell about this on the inner planes. He was sitting in an easy chair just watching me as I paced the floor in front of him, deep in thought, with my hands crossed behind my back in the classic thinker position. I was walking back and forth for show. I said, "When am I ever going to have experiences on the inner planes, with you or with the Sound and Light of ECK?" Of course, I didn't realize it was happening. This was in the dream state, and I thought I was wide awake.

He just looked at me for a while, and then he turned his head toward a picture of a lady who had been on the earth plane about 199 years. She had gone the entire route, from childhood to adulthood, and she'd had experiences at every level. Paul looked at me again and pointed to the picture. It was as if he said, "I don't know how to break this to you. You are a young man, but even when you get to be that age, it doesn't look good."

I knew it was all over then. "Yeah," I said,

"the spiritual path is too hard. I've been on it a year, and I remember a couple of experiences, but they don't happen often enough. It doesn't look as though I'm ever going to make any progress on this path to God." Paul just sat there with his arms folded, watching me. I walked away very upset and immediately woke up in my bed wondering, "When am I ever going to have an inner experience with the Sound and Light?" The experience had come about so naturally that it took me almost half a day to figure it out. The ECK Masters work in subtle ways.

The three attributes that come from the practice of the Spiritual Exercises of ECK are charity, wisdom, and freedom. Wisdom is something beyond what we're usually taught in the lower worlds—and here I'm referring to the Physical, Astral, Causal, Mental, and Etheric planes—where we gather information of only the shallowest kind. As soon as you come into the spiritual worlds above the Fifth Plane, you begin to get some of the spiritual knowledge for the first time. And it's different.

After you've been in the spiritual planes for a while, at the Ninth Plane and beyond, then you begin to come into the wisdom of ECK. Much of what is passed off as wisdom in books and elsewhere really isn't wisdom at all. It's a form of information, and it's only information about some man's opinion. There is nothing wrong with this since it may lead some person to the next step where he can look to that inner temple and find the way to step onto this path himself. It can help one to find a path that will enhance his own efforts toward self-recognition of Truth, and finally the God knowledge or God-Realization.

—Harold Klemp,  
*The Journey of Soul*,  
Mahanta Transcripts,  
Volume 1, p.p.107-108

## Community HU Chants

*"When you sing the name of God with love,  
the bindings and bands that constrain Soul  
will begin to unwind. Not all at once but  
very slowly, at a rate you can understand  
and accept. As these bindings are released,  
Soul rises in spiritual freedom."*

—Harold Klemp, *HU the Most Beautiful Prayer*

### **EASTERN - 215-925-5119**

**New Britain ~**

**Circle of Miracles Church**

10 Beulah Rd.

1st Monday, 7:00 pm

**Hatfield ~**

3rd Friday, 7:00 pm

**Mont Clare ~**

1st Sunday of the month

11:00 a.m.

**Philadelphia –**

**ECK Center of Eastern PA ~**

135 North 4th St.

2nd & 4th Sunday, 11:00 am

**E. Stroudsburg –**

**Day Street Community Center ~**

15 Day Street

1st Sunday, 9:00 am

**Yardley ~**

1st Sunday, 11:00 am

### **CENTRAL - 717-394-9877**

**New Cumberland ~**

**The Inner Connection**

300 Bridge St.

Call 717-394-9877 for information.

**Mountville – Sleep Inn & Suites**

310 Primrose Lane

4th Sunday, 11:00 am

**York – Perkins Restaurant**

2500 Market St.

1st Thursday, 6:30 pm

### **WESTERN - 412-856-3680**

**Monroeville –**

**ECK Center of Western PA ~**

4290 Old William Penn Highway

4th Thursday, 6:30 pm

## ECKANKAR EVENTS September/October 2017

The public is invited to attend ECK Light and Sound Services, Community HU Songs, open Book Discussions, and Workshops listed. The books discussed are available (or shared) at each class. Eckankar books are also available at ECK Centers and major bookstores. Please call the nearest Eckankar Center (listed below) for more information, or email [bluestareditor@aol.com](mailto:bluestareditor@aol.com).

BOOK DISCUSSIONS	ECKANKAR: THE REALITY OF SPIRITUAL EXPERIENCES	ECKANKAR
------------------	--	----------

**EASTERN**

**Langhorne Borough ~**  
*Past Lives, Dreams, and Soul Travel*  
 3rd Tuesday, 7:00 pm

**WESTERN**

**Greensburg ~**  
*The Slow Burning Love of God Mahanta Transcripts, Book 13*  
 1st Sunday, 10:30 am

A video is available on Eckankar's YouTube site.

ECKANKAR:  
The Reality of Spiritual Experiences

It is a 5 minute video which expresses the love and Light and Sound of the Eck teachings through the heartwarming stories of Eckankar members from around the world.

Viewers are introduced to Harold Klemp, the Spiritual Leader of Eckankar.

Eckankar, The Path of Spiritual Freedom, can help you find answers to your deepest spiritual questions. Through ECK Worship Services, books and book discussion classes, workshops, and seminars, you will find new ways to unfold spiritually.

Membership in Eckankar is available for those who wish to take their spiritual studies further. Members receive printed monthly lessons from the spiritual leader of Eckankar, Sri Harold Klemp, the Mahanta, the Living ECK Master. These lessons can be studied privately at home or with others in spiritual study (Satsang) classes.

For more information:

Visit Eckankar's Web site  
[www.eckankar.org](http://www.eckankar.org)  
 Or call 1-800-LOVE GOD

Or write:

**ECKANKAR**  
**P.O. Box 2000**  
**Chanhasen, MN 55317 U.S.A.**

**BOOK DISCUSSIONS**

**Monroeville – ECK Center of Western PA ~**  
**Second Sundays @12:00 noon**

► **Nov. 12 – ECK Wisdom on Solving Problems**



**ROUND TABLE DISCUSSIONS**

**Monroeville – ECK Center of Western PA ~**

**5th Sunday Roundtable Discussions**  
 (Open Donation) –

**Every 5th Sunday @ 10:30 am**

► **Dec. 31 – Gaining Spiritual Strength**  
**For More Information**  
**call 412-856-3680**

**The public is welcome to attend these: ECK Light and Sound Services**

The public is warmly invited to ECK Light and Sound Services. Each service focuses on an aspect of Eckankar. They often feature a reading from the ECK works; singing HU, talks, music, and a group discussion of spiritual principles at work in daily life. The service lasts about an hour. Join others seeking to bring more insight and divine love into their lives at this special celebration of the Light and Sound of God.

**EASTERN**

**Lehigh Valley – Charles Chrin Community Center ~**  
**4100 Green Pond Road, Palmer, PA**  
 4th Sunday, 10:00 am

**Philadelphia - ECKANKAR Center of Eastern PA ~**  
**135 N. 4th St.**

1st, 3rd, 5th Sunday, 11:00 am

**E. Stroudsburg - Day Street Community Center, 15 Day Street ~**  
 1st Sunday, 9:45 am

**CENTRAL**

**Mountville – Sleep Inn & Suites**  
 310 Primrose Lane  
 2nd Sunday, 11:00 am

**WESTERN**

**Monroeville - ECKANKAR Center of Western PA ~**  
**4290 Old William Penn Highway**  
 1st & 3rd Sunday, 10:30 am

**ECKANKAR CENTERS (call for ECKANKAR Center Hours)**

**ECKANKAR Center of Eastern Pennsylvania**  
 135 North 4th St.,  
 Philadelphia, PA 19106  
**215-925-5119**

**ECKANKAR INFORMATION For Central Pennsylvania**  
**Call: 717-394-9877**

**ECKANKAR Center of Western Pennsylvania**  
 4290 Old William Penn Highway  
 Monroeville, PA 15146  
**412-856-3680**

Published by the Pennsylvania Satsang Society, Inc. Copyright ©2017 ECKANKAR. All rights reserved. The terms ECKANKAR, ECK, EK, MAHANTA, SOUL TRAVEL and VAIRAGI, among others, are trademarks of ECKANKAR, P.O. Box 2000, Chanhasen, MN 55317-2000 USA. The Blue Star is published bi-monthly by the Pennsylvania Satsang Society Inc., a Chartered Affiliate of ECKANKAR. The opinions expressed in this publication are those of the writers and not necessarily those of ECKANKAR or the Living ECK Master, Sri Harold Klemp.