



The Blue Star

The Pennsylvania ECKANKAR Newsletter
Complimentary Public Issue

ECKANKAR
The Path of Spiritual Freedom

JULY/AUGUST 2017

Two Forces



**Harold Klemp,
The Spiritual Leader
of Eckankar**

I wanted to discuss the lower (censor) and higher (translator) aspects of the Etheric mind because I thought you might find it interesting as you work with the two forces within yourself, the spiritual and the negative. Both forces are from God, the SUGMAD.

In ECK we understand that the negative powers are there to temper Soul. Perhaps the other religions will learn eventually that the evil powers, being subordinate to the divine power of God, must be here for a purpose, otherwise it would not be allowed to survive. Its purpose is to temper Soul. It's that simple.

If you are confronted by negative things and are inspired to exert the spiritual rather than the negative force within yourself, then you have gained in spiritual unfoldment. You have become more a son or daughter of God. You are growing into your own divinity.

Into the Light

I would like to give a technique that will help if you have a dream you don't like. Close your eyes and go into contemplation for about fifteen minutes. Begin by chanting HU—one of the most beautiful words in the language of mankind. After you have chanted HU for a few minutes, rewind the dream that.

upset you or left you somewhere you didn't want to be. Run through the dream mentally, from the beginning up to the place where you awoke. Then try to take it one step further.

Perhaps the dream ended with you in a frightening situation—let's say a dark basement. In your spiritual exercise, take it to the point where you were left in the dark basement. Then use your imaginative faculty to get yourself out of there: Visualize an open door that leads to golden sunlight. Know that this golden light is the Light of Divine Spirit, the Light of ECK, the Light of God. Look to the Light, and listen for the Sound.

Remember, when you have a dream that you would like to change, you can go into contemplation and use this technique to take the dream one step further. Always take it to a higher level. Move it out of the darkness, out of the silence and loneliness. Take it to the Light and Sound of God.

Through this Spiritual Exercise of ECK, you are creating for yourself an open door to a greater world. Soon you will find that you have established a new habit. When you run into dark and troubling times, awake or asleep, you will be in the habit of creating for yourself a brighter world in which you can be happier and more satisfied than you were before.

If you can achieve an improvement over yesterday, even a small one, then you have gained significantly. You, with the help of the Dream Master, have done it yourself. You are taking charge of your own world because you are becoming a creator.

—Sri Harold Klemp,
The Dream Master
Mahanta Transcripts, Book 8, pp. 17-19

Community HU Songs

"When you sing the name of God with love, the bindings and bands that constrain Soul will begin to unwind. Not all at once but very slowly, at a rate you can understand and accept. As these bindings are released, Soul rises in spiritual freedom."

—Harold Klemp,
HU the Most Beautiful Prayer

EASTERN - 215-925-5119

New Britain ~

Circle of Miracles Church

10 Beulah Rd.

1st Monday, 7:00 pm

Hatfield ~

3rd Friday, 7:00 pm

Philadelphia –

ECK Center of Eastern PA ~

135 North 4th St.

2nd & 4th Sunday, 11:00 am

E. Stroudsburg –

Day Street Community Center ~

15 Day Street

1st Sunday, 9:00 am

Yardley ~

1st Sunday, 11:00 am

CENTRAL - 717-394-9877

New Cumberland ~

The Inner Connection

300 Bridge St.

12:00 noon, Sunday: 6/18, 7/16, 8/20

Mountville – Sleep Inn & Suites

310 Primrose Lane

4th Sunday, 11:00 am

York – Perkins Restaurant

2500 Market St.

1st Thursday, 6:30 pm

WESTERN - 412-856-3680

Monroeville –

ECK Center of Western PA ~

4290 Old William Penn Highway

4th Thursday, 6:30 pm

**View the newsletter online at
www.eckankarofpa.org**

ECKANKAR EVENTS July/August 2017

The public is invited to attend ECK Light and Sound Services, Community HU Songs, open Book Discussions, and Workshops listed. The books discussed are available (or shared) at each class. Eckankar books are also available at ECK Centers and major bookstores. Please call the nearest Eckankar Center (listed below) for more information, or email bluestareditor@aol.com.

BOOK DISCUSSIONS

EASTERN

Langhorne Borough ~
Past Lives, Dreams, and Soul Travel
 3rd Tuesday, 7:00 pm

WESTERN

Greensburg ~
The Slow Burning Love of God
Mahanta Transcripts, Book 13
 1st Sunday, 10:30 am



ECKANKAR: THE REALITY OF SPIRITUAL EXPERIENCES

A video is available on Eckankar's YouTube site. *Eckankar*:
 "ECKANKAR: The Reality of Spiritual Experiences,"
 It is a 5 minute video which expresses the love and Light and Sound of the Eck teachings through the heartwarming stories of Eckankar members from around the world.
 Viewers are introduced to Sri Harold Klemp, the Spiritual Leader of Eckankar.

BOOK DISCUSSIONS

Monroeville – ECK Center of Western PA ~
Second Sundays @12:00 noon
 ► **Aug. 13 – ECK Wisdom on Inner Guidance**
 ► **Nov. 12 – ECK Wisdom on Conquering Fear**

ECKANKAR OF PA 2017 REGIONAL SEMINAR

Friday, August 18 & Saturday, August 19
The Road to God: The Adventure of a Lifetime
Guest Speaker: Steve Towhill
Hilton Garden Inn
 530 W. Pennsylvania Ave.
 Fort Washington, PA 19034-3304
Speakers, Panel Discussions, Creative Arts, and Workshops
*****Friday Evening, 7:00 pm to 9:00 pm*****
Community HU and Musical Presentation, followed by a "meet and greet" and refreshments.
*****Saturday Morning, 10:30 am*****
Introductory Program for Guests
Guests are invited to attend the entire seminar with our compliments.
www.eckankarofpa.org
 215-925-5119

ECKANKAR MEMBERSHIP

Eckankar, The Path of Spiritual Freedom, can help you find answers to your deepest spiritual questions. For more information:
 Visit Eckankar's Web site www.eckankar.org
 Or call **1-800-LOVE GOD**
 Or write: **ECKANKAR**
 P.O. Box 2000
 Chanhassen, MN 55317 U.S.A.

ROUND TABLE DISCUSSIONS

Monroeville – ECK Center of Western PA ~
5th Sunday Roundtable Discussions (Open Donation) –
Every 5th Sunday @ 10:30 am
 ► **Jul. 30 – Family and Relationship Spiritual Lessons**
 ► **Oct. 29 – Stopping the Cycle of Harmful Habits**
 ► **Dec. 31 – Gaining Spiritual Strength**
For More Information call 412-856-3680

The public is welcome to attend these: ECK Light and Sound Services

The public is warmly invited to ECK Light and Sound Services. Each service focuses on an aspect of Eckankar. They often feature a reading from the ECK works; singing HU, talks, music, and a group discussion of spiritual principles at work in daily life. The service lasts about an hour. Join others seeking to bring more insight and divine love into their lives at this special celebration of the Light and Sound of God.

EASTERN

Lehigh Valley – Charles Chrin Community Center ~
4100 Green Pond Road, Palmer, PA
 4th Sunday, 10:00 am
Philadelphia - ECKANKAR Center of Eastern PA ~
135 N. 4th St.
 1st, 3rd, 5th Sunday, 11:00 am
E. Stroudsburg - Day Street Community Center, 15 Day Street ~
 1st Sunday, 9:45 am

CENTRAL

Mountville – Sleep Inn & Suites
 310 Primrose Lane
 2nd Sunday, 11:00 am

WESTERN

Monroeville - ECKANKAR Center of Western PA ~
4290 Old William Penn Highway
 1st & 3rd Sunday, 10:30 am

ECKANKAR CENTERS (call for ECKANKAR Center Hours)

ECKANKAR Center of Eastern Pennsylvania
 135 North 4th St.,
 Philadelphia, PA 19106
215-925-5119

ECKANKAR INFORMATION For Central Pennsylvania
Call: 717-394-9877

ECKANKAR Center of Western Pennsylvania
 4290 Old William Penn Highway
 Monroeville, PA 15146
412-856-3680

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